





















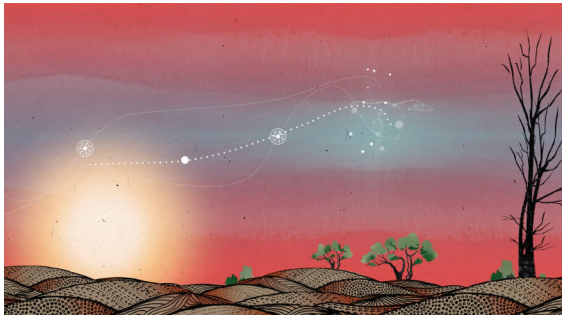
# Script for Intergenerational Trauma Animation

## Year 1 and Year 2

Play The Healing Foundation's [Intergenerational Trauma video](#) on mute and read this script as the video plays. We have included images as a prompt for when to read each section of the script.



The story of First Nations communities, people and nation starts a long, long time ago, more than 60,000 years in fact.



This was when First Nations culture and lore first started to thrive.



First Nations people knew who they were and where they belonged. They took care of each other, their land, and their waters. They ate food that made them healthy. Lived on Country and abided by their laws and songlines. Their families and their children were happy with strong minds and hearts because they were where they belonged.



But then, everything changed.



Colonisation came. As the people on the ships landed, they began to change the laws, move First Nations people off their land, and stop them from living in their communities and with their families.





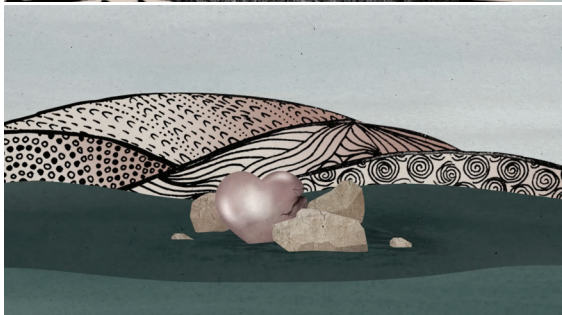
They weren't allowed to share their knowledge, speak their language, or hold ceremonies. The very things that told them who they were and where they belong were taken from them.



And then their children were taken. They were moved to strange homes with people they didn't know and they weren't allowed to see their families. Those children became known as the Stolen Generations. These children didn't have their parents to give them a cuddle, or their grandparents to read them a story. This made the children very scared and very sad for a long time.



Before the children were taken, they were happy and healthy at home with their families. They knew how to help each other, and keep each other safe.



Since they were taken many Stolen Generations survivors have been on the journey to reconnect for their whole life. It's been hard for them to feel happy, healthy and safe.



But this is not where the story ends. First Nations people still have strong minds and hearts. And they still know who they are and where they belong.



By bringing communities together, keeping families together, reconnecting to culture and language we can see positive change.