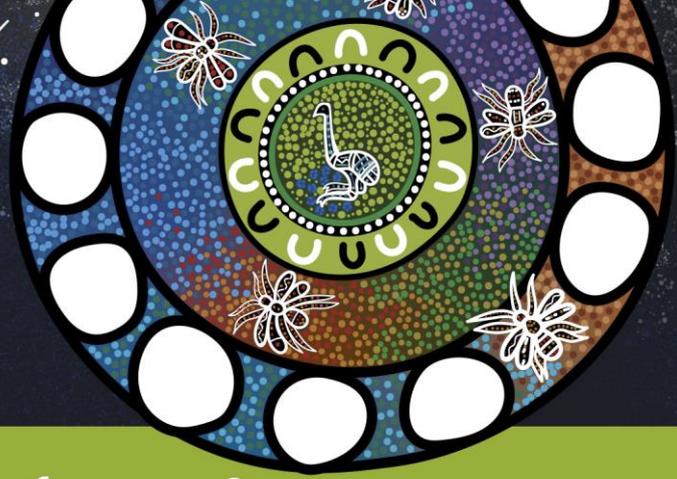




HealingFoundation  
Strong Spirit • Strong Culture • Strong People

## Queensland Healing Strategy



# What does healing look like for you?

We are gathering case studies of healing initiatives and healing programs that are working across community organisations in Queensland as part of the Queensland Healing Strategy. We are hoping that you will be able to answer a few questions around healing for us.

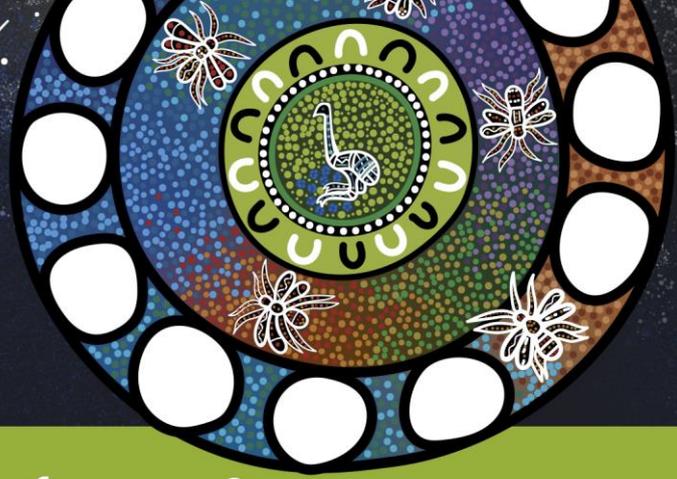
### 1. Can you tell us your name, your role and the organisation you work for?

Alan Hillman. Family Wellbeing Practitioner. Kummara Association Incorporated

### 2. Can you tell us about a healing initiative or program that is working well in your organisation/community?

- Culture Club** - works with primary school age kids. Learn about, their culture. Transition with parents, letting them know and educate them around their culture. Where they fit, why they feel the way they.
  - They all come together. Its voluntary but the kids turn up.
  - Instils that sense of pride in their culture and encourages them to speak with their family about their identity and connection to it.
  - Program allows them a space where they can sit and belong - further nurtures outside and in the home.
  - Young students look at identity and how they belong to their culture.
- MY MOB**- didn't get a chance to kick off (MY MOB- Urban Warrior concept)
  - Program session that is broken it down over 8 sessions.
  - Recognises that men maintain the traditions that they know.
  - Gets participants to look at "What a traditional Warrior is and does and what a Urban Warrior is and does"
  - Has been received well at the initial stage but due to COvid-19 has been suspended until the restrictions are lifted.
  - Interest is still there as men are asking when the program is restarting.
  - Uses theoretical frameworks and acknowledges that Trauma has a significant impact on Aboriginal men and how they perceive themselves in society and within their family/culture.





# What does healing look like for you?

### **What are some of the issues or challenges that Aboriginal and Torres Strait Islander people are facing in your community?**

- Men want to engage but are non-engaging. There is no opportunity for community/men to engage.
- Recognition of what it is to be an Aboriginal man today.
- Lack of distinct connection to identity and culture.

*\*Note: due to Covid-19 restrictions the program had to be suspended but participants are asking about the program's resumption.*

### **3. How does this program contribute to positive healing outcomes for Aboriginal and Torres Strait Islander people in your community?**

- Culture Club focusses on connecting young people to their culture and their learning will spread outwards to their families and to their elders.
- Programs allows the participants to have insight into themselves.

### **4. Can you share some of the feedback you have heard from participants in this program?**

- Participants liked the structure and the program.

### **5. What difference have you seen this program make for Aboriginal and Torres Strait Islander people in your community?**

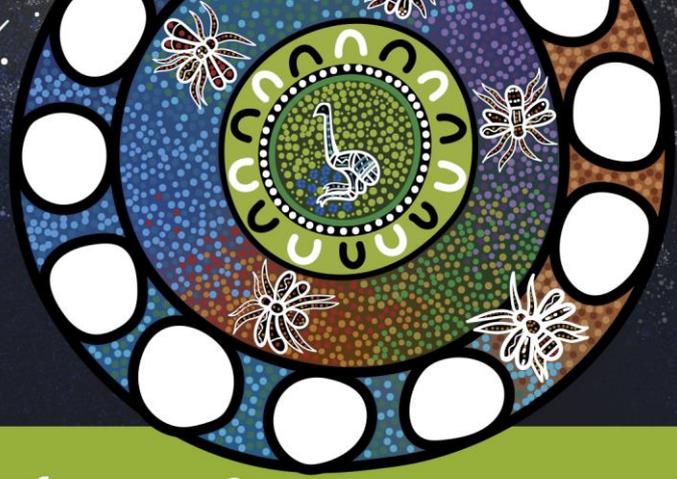
- The men become more stronger in themselves and their identity.
- They become more confident and seem to want to learn more about who they are.





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## Queensland Healing Strategy



What does healing look like for you?



# CULTURAL CLUB

**Running only during school terms on Tuesdays  
from 2:45 to 4pm.**

**Location: 22 Stuart Street, Goodna 4300**

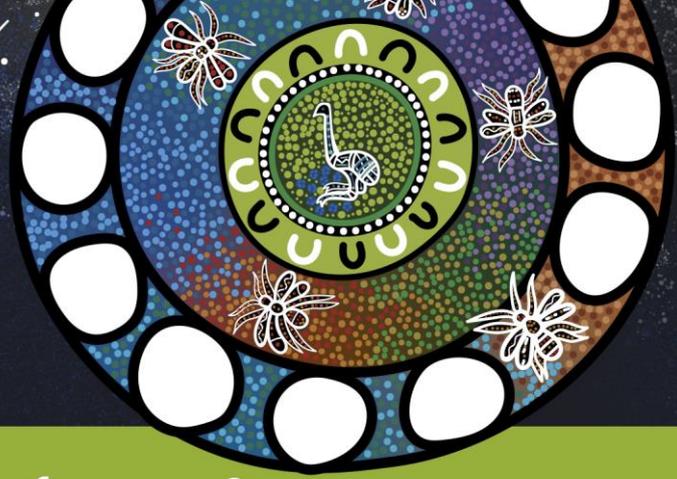
**Cost: Free**

### WHAT TO EXPECT?

- Drop the kids off at Kummara Families for a day of art, outdoor activities and afternoon tea
- Learning component and homework support provided.
- Activities include: Creative play, cultural arts, free play and science activities.

**Contact our staff on 3198 3030 to register  
your interest.**





What does healing look like for you?



## Men Yarning Men's Only Bizo

Every 2nd Friday 9:30am—12:30pm  
20 March - 03 July 2020

For indigenous men raising  
indigenous children

**Location:**  
Kummara Family Wellbeing Service  
22 Stuart Street, Goodna 4300

- Stronger relationships and connection with family
- Promote growth and development of life skills
- Experiencing and sharing of culture
- Strength, resilience and purpose for Men
- Men are safer, happier, healthier and stronger

To register please email referral to  
[allan.holman@kummara.org.au](mailto:allan.holman@kummara.org.au)  
Or phone 3198 3030

