Introducing the Healing Portal

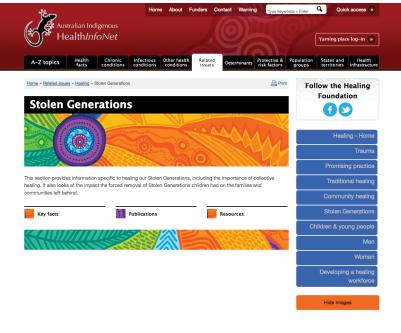
A world-first hub for Indigenous healing resources

The healing portal provides relevant, culturally appropriate information on Indigenous healing for people working in health, justice, education, employment, child protection, family violence and healing.

It will provide an excellent store of knowledge and resources for Aboriginal and Torres Strait Islander people, organisations and others"

- Jared Sharp, Senior Lawyer, NAAJA Youth Team





The portal supports the development of healing opportunities by bringing together examples of best practice Indigenous healing initiatives, the latest research, tools and resources, and placing them at the fingertips of frontline staff, policy makers and researchers.

Topics include

- Trauma
- Traditional healing
- Stolen Generations
- Children and young people
- · Education, training and employment

"This portal will facilitate the joint effort needed to heal the trauma affecting Aboriginal and Torres Strait Islander people"

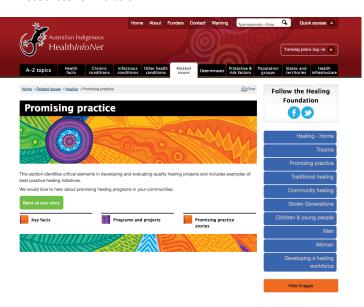
- Richard Weston, CEO, Healing Foundation





The healing portal was developed by Edith Cowan University's Australian Indigenous Health InfoNet on behalf of the Aboriginal and Torres Strait Islander Healing Foundation.

The portal is always being updated, and we encourage you to help shape it by submitting information about healing programs that are working for your communities and suggesting new resources for inclusion.



The need for healing

"It will bring us together and help us to deliver good healing practices"

- Noeleen Lopes, CEO, Gallang Place

Between 1910 and the 1970s up to one in three Aboriginal and Torres Strait Islander children were forcibly removed from their families and communities. On top of the grief and suffering this caused Stolen Generations members were often subjected to abuse, exploitation and racism.

Policies like these have disrupted cultural practices, impacted identity and created unresolved trauma for Aboriginal and Torres Strait Islander people which has been passed down from generation to generation.

Unresolved trauma contributes significantly to the social and health disadvantages experienced by Aboriginal and Torres Strait Islander people yet is often overlooked in policy and practice.

The healing portal aims to address this by educating workers and policy makers about trauma and best practice Indigenous healing.

Get involved

The portal's "yarning place" allows people from different sectors and locations to share knowledge and experiences related to Indigenous healing.

It includes an online chat facility, discussion boards, an email list and more.

You can also submit information about successful community healing programs through the "Promising practice" section of the healing portal.

You will be asked to describe how the program meets the following criteria:

- 1. Builds understanding of the impact of colonisation and intergenerational trauma and grief
- 2. Developed by and run in partnership with the local community
- 3. Combines Indigenous healing with western methodologies
- 4. Builds individual, family and community capacity to manage trauma
- 5. Has a developed theory and evidence base and incorporates strong evaluation frameworks

Short video submissions describing how a program meets these criteria are strongly encouraged and can be emailed to community@healingfoundation.org.au

Join us today by going to www.yarning.org.au/group/19 and clicking "Join" in the top right hand corner.



Australian Indigenous HealthInfoNet healing portal

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