



HealingFoundation

Strong Spirit • Strong Culture • Strong People

Story of the Healing Foundation

We are the first Australians, a strong, proud people of many nations, languages, cultures and traditions - connected to our families, land and ancestors.

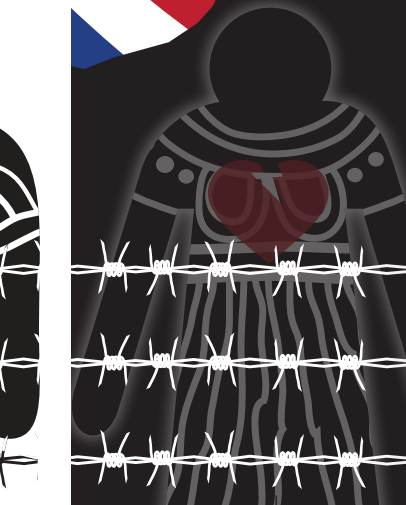
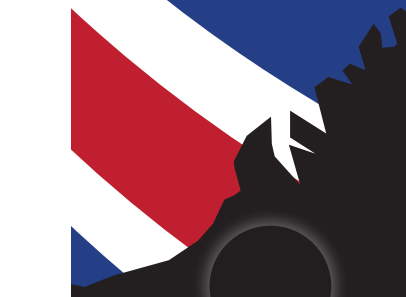
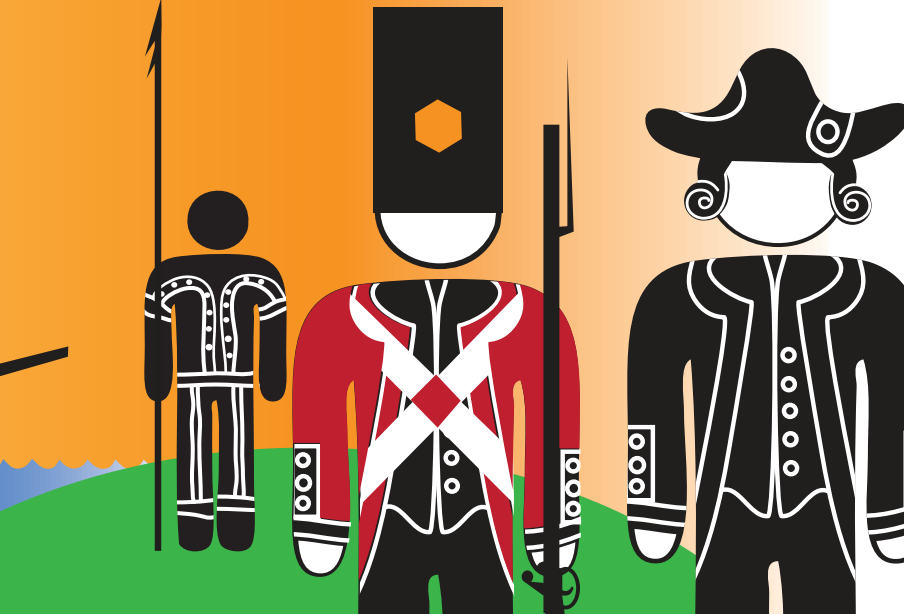


We lived and thrived as a culture and society for thousands of years.

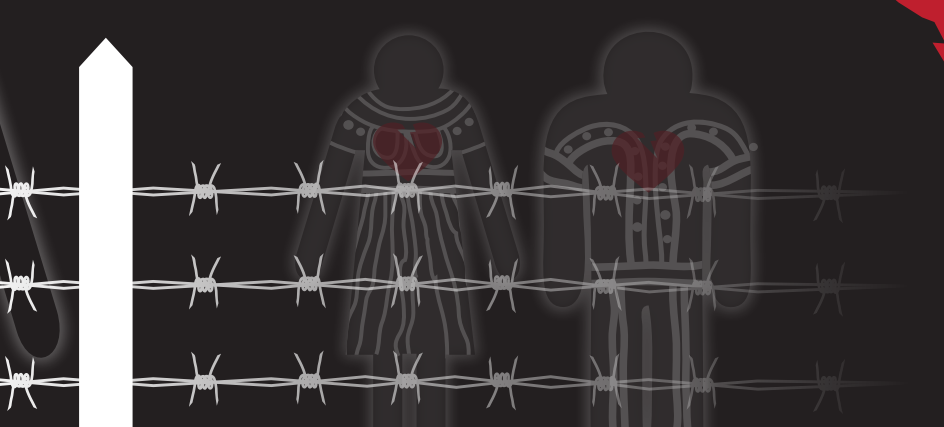
Until the tall ships came.



Colonisation means to send settlers to a place and establish control over it. Our people were torn away from our cultural laws, practices and traditions into the new colonising nation's empire.



Families were separated.



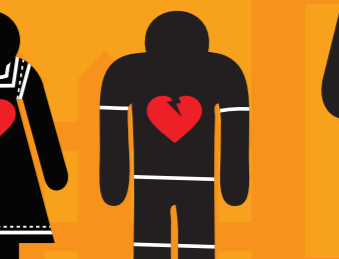
STOLEN GENERATIONS



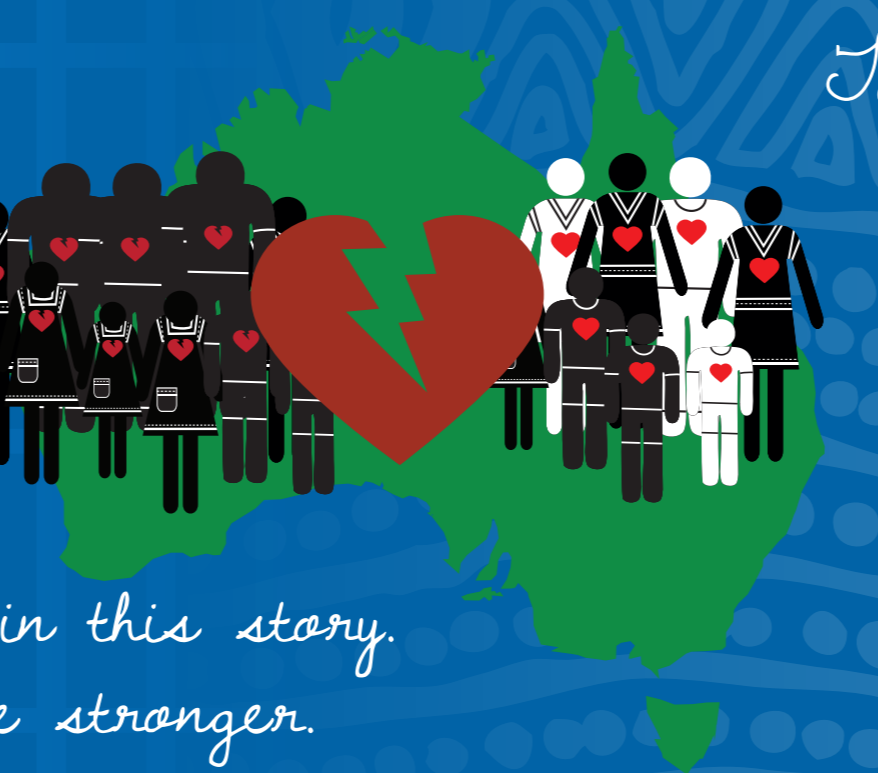
The physical and mental trauma is unimaginable. It is felt and passed on to their children today.
The legacy of sorrow and pain from these actions is known as intergenerational trauma.

Many children across many generations were removed from their families because of government policies.

These children are the Stolen Generations.



This is the beginning of the gap for Aboriginal and Torres Strait Islanders. This gap is across these generations. It is physical and emotional and different for every person and community in this story.



We all play a part in this story. Together we are stronger.

To build this strength we must start from the inside out.

Sorry

As a nation we can close the gap by supporting Aboriginal and Torres Strait Islanders to build stronger communities, heal the trauma, and preserve and celebrate our culture and our people.



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